

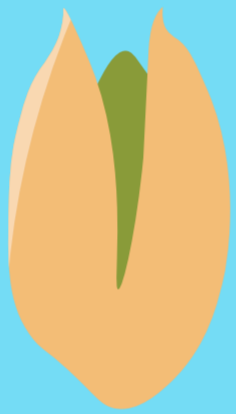


**FOOD** STANDARDS  
Australia New Zealand  
Te Mana Kounga Kai – Ahitereiria me Aotearoa

# ALLERGEN LABELLING SAVES LIVES



**SEAFOOD**



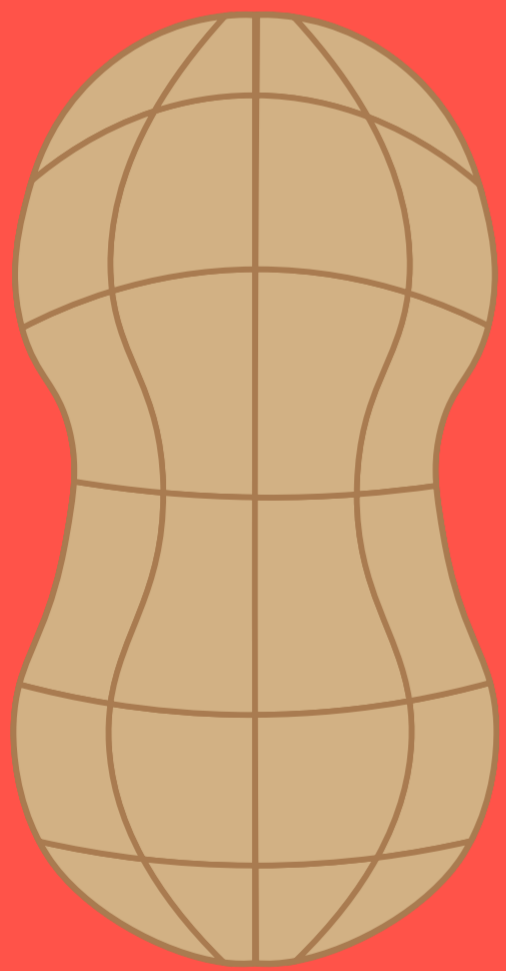
**TREE NUTS**



**WHEAT**



**MILK**



**PEANUTS**



**SHELLFISH**

**Know the ten  
allergens that  
have to be on  
food labels**

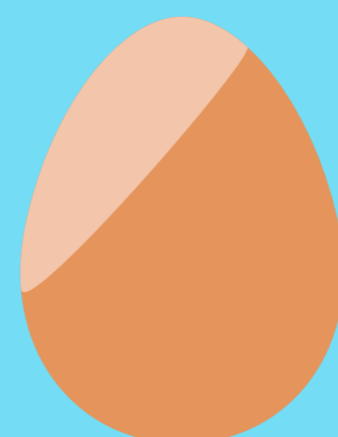
Read more about mandatory  
allergen labelling  
[www.foodstandards.gov.au/  
allergenlabelling](http://www.foodstandards.gov.au/allergenlabelling)



**LUPINS**



**SOY**



**EGGS**



**SESAME  
SEEDS**